

**2018 IPA NATIONAL POWERLIFTING AND BENCH PRESS CHAMPIONSHIPS**

**November 17-18, 2018**

**York Barbell Company**

**York, Pennsylvania**

| DIVISION                                      | SUBDIVISION       | WT CLASS | NAME               | 4th SQUAT | 4th SQUAT | 4th BENCH | 4th BENCH | 4th DEAD | 4th DEAD | 4th TOTAL | 4th TOTAL | BWT    |
|---|-------------------|----------|--------------------|-----------|-----------|-----------|-----------|----------|----------|-----------|-----------|--------|
| <b>WOMEN'S DIVISIONS - AM RAW FULL POWER</b>  |                   |          |                    |           |           |           |           |          |          |           |           |        |
| AM RAW  | Open              | 132      | SHONA YOUNG        | 285       |           | 185       |           | 335      |          | 805       |           | 131.8  |
| AM RAW  | Open              | 148      | LAURA LEWIS        | 285       |           | 160       |           | 330      |          | 775       |           | 143.2  |
| AM RAW  | Open              | 148      | SYDNEY GRAHAM      | 342.5     |           | 105       |           | 275      |          | 722.5     |           | 144.2  |
| AM RAW  | Open              | 165      | JESSICA FOLTZ      | 300       |           | 200       |           | 335      |          | 835       |           | 152.9  |
| AM RAW  | Open              | 165      | SARAH LAKOS        | 260       |           | 180       |           | 300      |          | 740       |           | 162.15 |
| AM RAW  | Open              | 181      | DANIELLE ARMSTRONG | 315       |           | 165       |           | 405      |          | 885       |           | 174.15 |
| AM RAW  | Submaster (33-39) | 165      | JESSICA FOLTZ      | 300       |           | 200       |           | 335      |          | 835       |           | 152.9  |
| AM RAW  | Master (40-44)    | 181      | BOBBEJO KOHLER     | 300       |           | 145       |           | 360      |          | 805       |           | 180.5  |
| AM RAW  | Police            | 198      | CHRISTINA ELSTON   | 315       |           | 150       |           | 320      |          | 785       |           | 197.75 |
| <b>WOMEN'S DIVISIONS - PRO RAW FULL POWER</b> |                   |          |                    |           |           |           |           |          |          |           |           |        |
| PRO RAW                                       | Open              | 123      | BLAKE TOBIN        | 390       |           | 205       |           | 410      | 420      | 1005      | 1015      | 120.75 |
| PRO RAW                                       | Submaster (33-39) | 148      | SARAH KYLE         | 305       |           | 145       |           | 305      |          | 755       |           | 147    |
| PRO RAW                                       | Police            | 198      | CHRISTINA ELSTON   | 315       |           | 150       |           | 320      |          | 785       |           | 197.75 |
| <b>WOMEN'S DIVISIONS - BENCH ONLY</b>         |                   |          |                    |           |           |           |           |          |          |           |           |        |
| AM RAW  | Master (60-64)    | 114      | SANDY BEAMER       | 0         |           | 80        |           | 0        |          | 80        |           | 112.1  |
| PRO RAW                                       | Master (60-64)    | 148      | ABRA SMITH         | 0         |           | 100       | 105       | 0        |          | 100       | 105       | 146.2  |
| <b>WOMEN'S DIVISIONS - DEADLIFT ONLY</b>      |                   |          |                    |           |           |           |           |          |          |           |           |        |
| AM RAW  | Master (65-69)    | 148      | CAROL SILVERMAN    | 0         |           | 0         |           | 270      |          | 270       |           | 147.9  |
| <b>MEN'S DIVISIONS - AM RAW FULL POWER</b>    |                   |          |                    |           |           |           |           |          |          |           |           |        |
| AM RAW  | Junior (20-23)    | 181      | RYAN LESIK         | 550       |           | 280       |           | 465      |          | 1295      |           | 181.2  |
| AM RAW  | Junior (20-23)    | 242      | NOAH MILLER        | 585       |           | 340       |           | 600      |          | 1525      |           | 235    |
| AM RAW  | Open              | 165      | LAUREN COHEN       | 575       |           | 370       |           | 575      |          | 1520      |           | 165.25 |
| AM RAW  | Open              | 181      | JAMESON FRANNEY    | 525       |           | 365       |           | 530      |          | 1420      |           | 179.7  |
| AM RAW  | Open              | 181      | ANTHONY DISTEFANO  | 435       |           | 250       |           | 600      |          | 1285      |           | 177.2  |
| AM RAW  | Open              | 198      | MATTHEW STAUB      | 500       |           | 350       |           | 510      |          | 1360      |           | 197.4  |
| AM RAW  | Open              | 220      | MATTHEW CLARDY     | 600       |           | 320       |           | 575      |          | 1495      |           | 218.75 |
| AM RAW  | Open              | 220      | JESSE FULK         | 355       |           | 275       |           | 445      |          | 1075      |           | 212.1  |
| AM RAW  | Open              | 242      | RJ HEITHAUS        | 580       |           | 375       |           | 560      |          | 1515      |           | 238.5  |
| AM RAW  | Open              | 275      | MATT APENOWICH     | 495       |           | 385       |           | 520      |          | 1400      |           | 272.3  |
| <b>INDICATES AN IPA WORLD RECORD</b>          |                   |          |                    |           |           |           |           |          |          |           |           |        |

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|--|-------------------|----------|-----------------|-------|-----------|-------|-----------|------|----------|-------|-----------|--------|
| <b>MEN'S DIVISIONS - AM RAW FULL POWER CONTINUED</b> |                   |          |                 |       |           |       |           |      |          |       |           |        |
| AM RAW   | Submaster (33-39) | 275      | WILLIAM TILL    | 620   | 655       | 380   |           | 530  |          | 1530  | 1565      | 256.3  |
| AM RAW   | Master (45-49)    | 181      | DAVE BALLY      | 265   |           | 220   |           | 385  |          | 870   |           | 177.9  |
| AM RAW   | Master (60-64)    | 181      | GREG FANELLI    | 215   |           | 190   |           | 365  |          | 770   |           | 177.9  |
| AM RAW   | Master (55-59)    | 242      | BILLY HARRIS    | 465   |           | 315   |           | 560  |          | 1340  |           | 242.5  |
| <b>MEN'S DIVISIONS - AM EQUIPPED FULL POWER</b>      |                   |          |                 |       |           |       |           |      |          |       |           |        |
| AM EQUIP   | Open              | 275      | CHANCE BEATTY   | 785   |           | 675   |           | 515  |          | 1975  |           | 275.2  |
| <b>MEN'S DIVISIONS - PRO RAW FULL POWER</b>          |                   |          |                 |       |           |       |           |      |          |       |           |        |
| PRO RAW  | Junior (20-23)    | 220      | TYLER CROSS     | 500   |           | 370   |           | 500  |          | 1370  |           | 212.4  |
| PRO RAW  | Junior (20-23)    | 275      | KYLE TREXLER    | 765   |           | 405   |           | 770  |          | 1940  |           | 261.25 |
| PRO RAW  | Open              | 165      | DUSTIN CYR      | 630   |           | 405   |           | 545  |          | 1580  |           | 164.5  |
| PRO RAW  | Open              | 198      | TOMMY O'CONNOR  | 675   |           | 470   |           | 620  |          | 1765  |           | 196.8  |
| PRO RAW  | Open              | 242      | MICHAEL SNYDER  | 625   |           | 380   |           | 675  |          | 1680  |           | 242    |
| PRO RAW  | Open              | 242      | AARON PANIGALL  | 690   |           | 345   |           | 600  |          | 1635  |           | 238.8  |
| PRO RAW  | Open              | 242      | DANIEL FREESE   | 600   |           | 405   |           | 550  |          | 1555  |           | 236.2  |
| PRO RAW  | Open              | 242      | ANGEL GARCIA    | 620   |           | 370   |           | 555  |          | 1545  |           | 236.2  |
| PRO RAW  | Open              | 308      | NICHOLAS SAUBLE | 725   |           | 405   |           | 660  |          | 1790  |           | 294    |
| PRO RAW  | Open              | SHW      | DAN KOVACS      | 770   |           | 580   |           | 780  |          | 2130  |           | 328.5  |
| PRO RAW  | Open              | SHW      | BRENT WEISEL    | 815   |           | 420   |           | 700  |          | 1935  |           | 326    |
| PRO RAW  | Submaster (33-39) | 220      | CHANTZ GRIFFITH | 600   |           | 385   |           | 575  |          | 1560  |           | 218.1  |
| PRO RAW  | Submaster (33-39) | 242      | MICHAEL SNYDER  | 625   |           | 380   |           | 675  |          | 1680  |           | 242    |
| PRO RAW  | Submaster (33-39) | 242      | AARON PANIGALL  | 690   |           | 345   |           | 600  |          | 1635  |           | 238.8  |
| PRO RAW  | Submaster (33-39) | 242      | ANGEL GARCIA    | 620   |           | 370   |           | 555  |          | 1545  |           | 236.2  |
| PRO RAW  | Master (45-49)    | SHW      | DAN KOVACS      | 770   |           | 580   |           | 780  |          | 2130  |           | 328.5  |
| <b>MEN'S DIVISIONS - PRO EQUIPPED FULL POWER</b>     |                   |          |                 |       |           |       |           |      |          |       |           |        |
| PRO EQUIP  | Open              | SHW      | JOHN VERVELAKIS | 1100  |           | 700   |           | 765  |          | 2565  |           | 392.1  |
| PRO EQUIP  | Master (40-44)    | SHW      | JOHN VERVELAKIS | 1100  |           | 700   |           | 765  |          | 2565  |           | 392.1  |
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| <b>MEN'S DIVISIONS - BENCH ONLY</b>    |                |          |                      |           |           |           |           |      |          |       |           |        |
| AM RAW                                 | Open           | 198      | JACOB WILLIAMS       | 0         |           | 443.5     |           | 0    |          | 443.5 |           | 184.7  |
| AM RAW                                 | Master (55-59) | 148      | DAVID HARRINGTON     | 0         |           | 225       |           | 0    |          | 225   |           | 142.05 |
| AM RAW                                 | Master (55-59) | 242      | KNIGHT SMITH         | 0         |           | 420       |           | 0    |          | 420   |           | 238.8  |
| AM RAW                                 | Master (60-64) | 148      | KIMBER SMITH         | 0         |           | 210       | 215       | 0    |          | 210   | 215       | 147.3  |
| AM RAW                                 | Master (80+)   | 165      | JODIE SMITH          | 0         |           | 145       |           | 0    |          | 145   |           | 164.15 |
| AM EQUIP                               | Master (40-44) | 308      | DAN SMITH            | 0         |           | 625       |           | 0    |          | 625   |           | 307.1  |
| PRO RAW                                | Junior (20-23) | 242      | DEREK KEISER         | 0         |           | 435       |           | 0    |          | 435   |           | 242.1  |
| PRO RAW                                | Master (50-54) | 275      | PETE DAUNCEY         | 0         |           | 455       |           | 0    |          | 455   |           | 262.2  |
| PRO RAW                                | Police         | 181      | MATTHEW KLINGENSTEIN | 0         |           | 270       |           | 0    |          | 270   |           | 176.7  |
| PRO RAW                                | Police         | 220      | JEREMY ELSTON        | 0         |           | 395       |           | 0    |          | 395   |           | 219.7  |
| PRO RAW                                | Police         | 242      | KNIGHT SMITH         | 0         |           | 420       |           | 0    |          | 420   |           | 238.8  |
| <b>MEN'S DIVISIONS - IRONMAN</b>       |                |          |                      |           |           |           |           |      |          |       |           |        |
| AM RAW                                 | Open           | 198      | DREW ACKLIN          | 0         |           | 275       |           | 425  |          | 700   |           | 196.2  |
| <b>MEN'S DIVISIONS - DEADLIFT ONLY</b> |                |          |                      |           |           |           |           |      |          |       |           |        |
| PRO RAW                                | Police         | 181      | MATTHEW KLINGENSTEIN | 0         |           | 0         |           | 490  |          | 490   |           | 176.7  |
| PRO EQUIP                              | Master (55-59) | 198      | THOMAS DEEBLE        | 0         |           | 0         |           | 560  |          | 560   |           | 197.5  |
| <b>INDICATES AN IPA WORLD RECORD</b>   |                |          |                      |           |           |           |           |      |          |       |           |        |